

LONG BEACH ASSESSMENT REGATTA #1
April 2,3 & 4, 2010

Objectives

- To provide Speed Order style racing to male and female scullers based on the west coast.
- Provide exposure and opportunities for west coast scullers.
- Help decision-making for the rest of this season and planning for next year.
- Determine dates for future Assessment Regatta(s).

Preliminary Schedule

Friday April 2

6:15 am Athlete Meeting and weigh ins.

7:15 am 1900m time trial from LB Yacht Club to Marine Stadium Finish Line. Results of time trial will be used to “seed” the heats/final. Thirty seconds gaps between scullers.

5:30 pm Individual practice.

Saturday April 3

6:15 am Athlete Meeting.

7:10 am Heats or First A Final. Top 2 from each heat advance to A Final, rest to B Final.

8:00 am Practice in singles or team boats.

Sunday April 4

6:15 am Athlete Meeting

7:15 am First or Second A Final and B Final.

8:00 am Practice in team boats.